

WHAT IS CLAIMED IS:

1. A method for managing the administration of multiple medications, the method comprising:
 - gathering all medications to be administered;
 - ascribing a unique identifier to each separate medication;
 - placing the ascribed unique identifier on a container associated with each separate medication;
 - compiling on a first visual medium the time each medication is to be administered and associating the unique identifier with that time; and
 - recording on a second visual medium that the administration of each medication associated with the time for administration on the first visual medium has occurred.
2. The method of claim 1, wherein the first and second visual mediums are charts.
3. The method of claim 2, wherein the first and second visual mediums are hard copies of charts.
4. The method of claim 1, further comprising recording on the first visual medium the name of each medication to be taken and associating the name with the unique identifier and the time for administration.
5. The method of claim 1, further comprising, for each identifier, recording on the first visual medium the purpose of the medication corresponding to each identifier.
6. The method of claim 1, further comprising, for each identifier, recording on the first visual medium the respective start and/or stop dates of the medication corresponding to each identifier.

7. The method of claim 1, further comprising , for each identifier, recording on the first visual medium the dosage amount of the medication corresponding to each identifier that is to be taken at each administration.

8. The method of claim 1, further comprising, for each identifier, recording on the first visual medium the strength of the medication corresponding to each identifier.

9. The method of claim 1, further comprising, for each identifier, recording on the first visual medium directions and/or warnings associated with the medication corresponding to each identifier.

10. The method of claim 1, further comprising, for each identifier, recording on the first visual medium a prescribing physician of the medication corresponding to each identifier.

11. The method of claim 10, further comprising, for each identifier, recording on the first visual medium the specialty of the prescribing physician.

12. The method of claim 11, wherein the placing of the unique identifier includes placing the unique identifier on a portion of the container indicating the name of the medication.

13. The method of claim 1, wherein the placing of the unique identifier includes placing the unique identifier on a side wall of the container.

14. The method of claim 1, wherein the placing of the unique identifier includes placing an adhesive label on each container.

15. The method of claim 1, wherein the placing of the unique identifier includes printing the identifier on each container.

16. The method of claim 1, further comprising sharing the information contained in the first visual medium with healthcare providers of the individual.

17. The method of claim 16, further comprising sharing the information contained in the second visual medium with healthcare providers of the individual.

18. The method of claim 16, wherein the sharing of the information includes sharing the information with the individual's pharmacists, physicians, and/or a hospital to which the individual is admitted.

19. The method of claim 16, wherein the sharing of the information includes providing copies of the first and second visual mediums.

20. A system for managing the administration of multiple medications, the system comprising:

a source of a plurality of unique identifiers configured to be associated with each of a plurality of differing medications to be administered;

a first visual medium in hard copy form and containing indicia configured for recording the unique identifier associated with each medication and respective times of day for administering each of the plurality of medications; and

a second visual medium in hard copy form displaying each day the medications are to be administered and the respective times of day of administration, the second visual medium being configured to record confirmation that the medications recorded in the first visual medium were actually administered at the appropriate time.

21. The system of claim 20, further comprising a third medium configured to place the unique identifiers on each of a plurality of containers containing each separate medication.

22. The system of claim 21, wherein the third medium comprises adhesive labels containing the unique identifiers for identifying each of the medications to be administered.

23. The system of claim 22, wherein the identifiers comprise letters of the alphabet.

24. The system of claim 23, wherein the third medium comprises, for each letter of the alphabet, twelve adhesive labels containing the respective letter of the alphabet.

25. The system of claim 23, wherein the third medium further comprises a plurality of blank adhesive labels.

26. The system of claim 21, wherein the third medium comprises printed identifiers on each medication.

27. The system of claim 20, further comprising a folder.

28. The system of claim 22, further comprising a folder configured to hold the labels, the first visual medium and the second visual medium.

29. The system of claim 20, further comprising a notebook configured to hold the labels, the first visual medium, and the second visual medium.

30. The system of claim 29, wherein the notebook is a spiral bound notebook.

31. The system of claim 30, wherein the notebook is an adhesive bound notebook.

32. The system of claim 29, wherein the labels, the first visual medium, and the second visual medium are removable from the notebook.

33. The system of claim 32, wherein the labels, the first visual medium, and the second visual medium are perforated so as to permit removal from the notebook.

34. The system of claim 29, wherein the notebook comprises dividers for separating the labels, the first visual medium, and the second visual medium.

35. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, a purpose of the medication corresponding to each identifier.

36. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, the respective start and/or stop dates of the medication corresponding to each identifier.

37. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, the dosage amount of the medication corresponding to each identifier that is to be taken at each administration.

38. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, the strength of the medication corresponding to each identifier.

39. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, directions and/or warnings associated with the medication corresponding to each identifier.

40. The system of claim 20, wherein the first visual medium contains indicia configured for recording, for each identifier, a prescribing physician of the medication corresponding to each identifier.

41. The system of claim 40, wherein the first visual medium contains indicia configured for recording, for each identifier, the specialty of the prescribing physician.

42. The system of claim 20, further comprising use instructions for directing users how to use the system.

43. The system of claim 42, wherein the use instructions are in hard copy form.

44. The system of claim 20, further comprising a sample visual medium of the first visual medium, wherein the sample visual medium contains sample information useful for demonstrating how to record information in the first visual medium.

45. The system of claim 20, further comprising a third visual medium containing indicia configured for recording healthcare and/or emergency contact information.

46. The system of claim 45, wherein the third visual medium includes at least one chart.

47. The system of claim 45, wherein the third visual medium is in hard copy form.

48. The system of claim 20, further comprising a third visual medium containing indicia configured for recording scheduled medical appointments.

49. The system of claim 48, wherein the third visual medium includes a chart.

50. The system of claim 20, further comprising a card containing indicia configured to record vital information regarding an individual's healthcare.

51. The system of claim 50, wherein the card is approximately pocket-sized.

52. A system for managing the administration of multiple medications, the system comprising:

a first means for labeling each of a plurality of medication containers containing differing medications with a unique identifier;

a second means for recording a plurality of medications to be administered and respective times of day each of the plurality of medications is to be administered; and

a third means for recording for each day of a month that the medications to be administered at the respective times of day recorded in the first means were administered.

53. The system of claim 52, further comprising a fourth means for storing the first means, the second means, and the third means.

54. The system of claim 52, further comprising a means for providing use instructions for using the system.